

## 5 point anchor scale

Thinking about the appointment you have just had ...

### 1. How much effort was made to help you understand your health issues?

0	1	2	3	4
No effort was made.	A little effort was made.	Some effort was made.	A lot of effort was made.	Every effort was made.

### 2. How much effort was made to listen to the things that matter most to you about your health issues?

0	1	2	3	4
No effort was made.	A little effort was made.	Some effort was made.	A lot of effort was made.	Every effort was made.

### 3. How much effort was made to include what matters most to you in choosing what to do next?

0	1	2	3	4
No effort was made.	A little effort was made.	Some effort was made.	A lot of effort was made.	Every effort was made.

Alternate opening statements:\*

Thinking about the visit you had with your health care provider today ...

Thinking about the conversation you had with your [insert health-care provider] today about [insert issue]...

Thinking about the appointment you have just had, please show how you feel by choosing a number from 0 to 4.

\*Please note that these alternate opening statements have not undergone psychometric validation.