

The Observer OPTION<sup>MCC</sup> was developed to observe participation in decision making for (older) patients with multiple chronic conditions. The Observer OPTION<sup>MCC</sup> is based on the dynamic model of shared decision making in frail older patients (van de Pol et al., 2016). It connects goal-based shared decision making, by observing goal talk as a separate, first item of the scale. The Observer OPTION<sup>MCC</sup> not only observes the role of the clinician in shared decision making, but also the participation of patients in this process. Since informal caregivers are often involved in the care for these patients, they also participate in the decision making process. This is called 'triadic' decision making, involving the clinician, patient and informal caregiver.

Reference:

van de Pol, M. H., Fluit, C. R., Lagro, J., Slaats, Y., Olde Rikkert, M. G., & Lagro-Janssen, A. L. (2016a). Shared decision making with frail older patients: Proposed teaching framework and practice recommendations. *Gerontol Geriatr Educ*, 1-14. doi: 10.1080/02701960.2016.1276014